For student and staff experiencing the following symptoms of COVID-19 or other respiratory and related illness:

**Have you experienced any new or unexplained COVID-19 signs and symptoms?**

- Fever > 100.4 or chills
- Shortness of breath
- Difficulty breathing
- Muscle or body aches

- Congestion or runny nose
- Diarrhea
- New Cough
- Loss of taste or smell

- Sore throat
- Headache
- Fatigue
- Nausea/vomiting

**DO NOT COME TO SCHOOL**

*Notify your school’s attendance office. If you are at school, you will be sent home.*

**Siblings and Staff**

1.) Do not send siblings of a sick student to school until COVID-19 has been ruled out;
2.) If you are asked to pick up your student from school due to illness, you must also pick up your other children in the district; 3.) A staff member who reports an illness and absence from school should keep their children at home until COVID-19 has been ruled out.

**ONLY THE STUDENT or STAFF MEMBER WHO IS EXHIBITING SIGNS OF ILLNESS WILL NEED A COVID-19 TEST or MEDICAL RELEASE.** When the sick individual is cleared to return to school (by test or medical note) all siblings are cleared to return to school (assuming they are not ill).

**Contact your medical provider**

**Did you get a COVID test?**

**No COVID Test:**

You should remain at home until at least 10 days have passed since symptom onset

AND

At least 24 hours have passed since resolution of fever without use of medication

AND

Other symptoms have improved

**OR**

You should remain at home until you receive clearance from your healthcare provider. *Submit documentation to your school site prior to returning to school.*

**Symptoms Without Exposure**

**Negative COVID Test**

You should remain home until symptoms have improved and at least 24 hours fever free without use of medication. *Submit proof of negative test to your school site prior to returning to school.*

**Positive COVID Test:**

You should remain at home until at least 10 days have passed since symptom onset

AND

At least 24 hours have passed since resolution of fever without use of medication

AND

Other symptoms have improved.

**COVID Exposure with or without Symptoms**

Quarantine for 10 days from the time of the last COVID exposure. Because you had exposure, you must finish the quarantine even if you receive a negative COVID test. You cannot “test out” of quarantine. *Return to school after quarantine.*

*If symptoms develop during quarantine,* follow rules for Positive COVID test *

**Notes**

1. When returning to school, please follow your schools procedure for checking into the front office before reporting to your classroom.

2. If a student or staff member has close contact outside of the school site, for example, from a household member or friend, the public health department will guide you on next steps regarding quarantine, contact tracing, and testing.

Update 12/11/20